## Eagle's Landing Students



### NAVIGATING SCHOOL TRANSITIONS



< Dance team participates in Easter celebrations</p>

#### Also Inside:

Serve the City highlight Ways to make studying fun - or at least more bearable Thrive Camp sign-up information

## (Wednesday Night Thrive

Open Gym - 6:30

Bible Study and Small Groups - 7 - 8:15 Can't come in person?

Watch it online at https://eagleslanding.org/thrivelive/



apartments and laundromats to invite people to services and spread a little love.

sunday Lifegroups

All youth meet at 9:45AM in the Link before splitting into grade/gender groups to discuss ideas and questions from Pastor Trea's previous Sunday's message and support each other.

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#### **ARTICLES**

9 Tips for Helping Your Teen Transition to High School (collegevine.com)

Next Step After High School? Some Alternatives to College (livecareer.com)

3 Things Everyone Should Know Before Growing Up (npr.org)

<u>Preparing for College: Tips for High School Students</u> (freemont.edu)

Welcome to the Middle School Zone (focusonthefamily.com)

#### **BOOKS**

Planet Middle School, Dr. Kevin Leman

<u>The Girl's Guide to Conquering Middle School / The Manual to Middle School (Boys), Erica and Jonathon Catherma</u>n

<u>Thriving at College (for students) /</u>
<u>Preparing Your Teens for College, Alex</u>
Chediak

#### **OTHER**

myfuture.com College Planning Timeline (This is a lot of information and can be overwhelming.)

<u>Impact 360 Institute (Christian</u> <u>Gap Year Program</u>

Our February Newsletter included information on Setting Goals.

Need links? Check your email for the digital version of this newsletter.

#### **Navigating school transitions**

Ah, Spring. Time for allergies, yard work, and enough end of school year activities to fill 42 hours a day. The middle and high school years are full of transitions and it seems we're always preparing for the next one.

Middle schoolers shift quickly from just learning the ropes to preparing for high school. Just as your student got the hang of being a high schooler, along came the questions about college or a career.

Preparing for what's next can be difficult for students, particularly if you as the parent are struggling with the coming change as well. So how can you help your child over the next few months?

#### 1.Remember to live today.

Registrations, test scores, and school choices can be distracting. Don't miss the season they are in. Enjoy the sporting events, award ceremonies, proms, and parties.

#### 2.Remember each kid is different.

Your first child's transitions are nerve-

wracking, but don't make the mistake of thinking you have it all figured on the second. They may need a different path and different preparations.

**3.Remember this decision is not final.** Many adults work in fields outside their college degree. Many apprentice educated adults work right alongside college grads. The decisions made between 11 and 18 are important but not ultimately defining.

**4.Remember spiritual preparedness matters too.** No matter their credentials, if a student's foundation in Christ is weak, it will fail when they venture into the world on their own. Prioritize Bible study, family connections, and church in your preparations.

**5.Remember that God loves your student more than you do.** As a parent that can be hard to swallow, but it's true because God's love is perfect and ours never will be. At the end of the day, trusting your child's future to God's hands is the best preparation you can do.

Family Jun Jeature

End of course exams, milestones, and finals can be stressful. Studying can be daunting at the best of times. Try these ways to fun it up.

Have the student make a game show for the family. Sites like triviamaker.com, Kahoot!, and quizlet make it easy to create a game. They'll study just by making the questions and then enjoy their family not knowing the answers.

**Take the studying on the road.** Grab the books and head to a park, ice cream shop, or just the backyard. A change of scenery can be refreshing.

**Plan fun breaks**. Set times and make plans. Play a quick card game, watch a YouTube clip, or challenge them to a Mario Kart race. Keep it small and contained, but give them something to look forward to.

Contact Us

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Upcoming Event

Cinco de Mayo Party - May 5
The taco truck will be here! Bring \$5
and enjoy some flamed meat
yumminess.

Thrive Camp - June 25-28
Fun, faith, and fellowship! Don't miss it.

# Parent Resource Spotlight



#### **THRIVE CAMP**

Registration is OPEN for Thrive Camp!

Dates: June 25-28, 2021

Price: \$249

Worship music: Anne Wilson (@annewilsonmusic)

Speaker: TBD

Where: Shocco Springs Conference Center in

Talladega, AL.

Your student will get the chance to grow and learn while having fun with fellow ELFBC students and our student leaders.

Register Today! (eagleslanding.brushfire.com)