

# Eagle's Landing Students



^ 8th Grade Girls Christmas Celebration  
< Ugly Christmas Sweater Party Winners

## PARENT RESOURCES & NEWS



JANUARY/FEBRUARY 2021

Setting Goals With Your Students  
Meet the Student Workers: Heather and Terrell Tyson  
December Youth Reflection

# Wednesday Nights Thrive

Open Gym - 6:30

Bible Study and Small Groups - 7 - 8:15

Can't come in person?

Watch it online at <https://eagleslanding.org/thrive/live/>



6th Grade Boys Campout

Ugly Christmas Sweaters featuring  
Neal Dose's face

Sponsoring Christmas for kids

## Sunday Lifegroups

All youth meet at 9:45AM in the Link before splitting into grade/gender groups to discuss ideas and questions from Pastor Trea's previous Sunday's message and support each other.

HAPPENINGS

# Dig Deeper Resources

## BOOK

[Finish by Jon Acuff](#)

[Right Now Media has an accompanying Bible Study.](#)

## VIDEO (YOUTUBE)

[A Complete Guide to Goal Setting](#)

## PODCAST

[The Messy Bun Podcast: Teens and Goals](#)

## ARTICLES

[The Ultimate Guide to Personal Productivity Methods](#)

[Productivity Guide - 12 Most Popular Techniques](#)

[7 New Year's Resolutions Teens Can Make](#)

[8 Ways to Help Kids Make New Year's Resolutions](#)

## APPS

If your student has a phone, teach them to use it as a lifestyle tool by looking into one of the many productivity/planning apps or habit trackers.

After you've chosen a method you think would work, type that into your app store search bar and give one a try.

Need links? Check your email for the digital version of this newsletter.

## Setting Goals with Your Student

Perhaps this January, more than any other you've experienced, you and your student had a lot of expectations. You want this year to be better, easier, happier, and healthier. Often these hopes are rolled into some form of New Year's resolutions.

Statistically speaking, your student is more likely than you to be making a resolution this year and they are more likely to expect to achieve it. ([Finder.com](#)) Rather than shrug off this tendency, use the desire to help your student - and maybe yourself - learn how to properly set and achieve goals.

If the word "resolution" leaves a bad taste in your mouth, consider calling them goals or targets or personal improvements. The label doesn't matter as much as the intent to continue pursuing being the person God wants you be. (Romans 6, 12)

### Make the goal specific.

"Be healthier" sounds great but is difficult to definitively achieve. Consider the [SMART characteristics](#) when defining a goal.

### Choose a productivity method that fits your personality.

The main reason people expect to "fail" their resolution is will power. There are many methods of accomplishing tasks. Assist your student in helping on the helps them shine. (see resource panel)

### Make grace part of the process for yourself and your student.

The Bible says that God's mercies are new every morning (Lamentations 3) and ours should be too. January 1 is not the only day in which we get to start over.

### Adjust goals when needed.

Life changes. Don't be afraid to change with it.

## Family Fun Feature

With the weather turning colder and many activities have that "after Christmas" pause, it's a great time to plan a few nostalgic movie nights.

Do you remember your favorite movies from your childhood and teen years? Share them with your kids - though DO be aware that you'll probably see the content a little differently or there may be elements you don't remember. You might want to pre-screen.

Don't have Netflix, Disney+, Prime, or other streaming services? There are many old movies on IMDb TV, Pluto TV, Tubi, and many other free streaming site.

# Contact Us

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# Upcoming Event

*Equip Class - Tech Savvy Parenting*

*February 28, 2021 ~ 5PM*

*ELFBC*

The class will be led by Brian Houseman. More information about the class can be found at [techsavvyparenting.com](http://techsavvyparenting.com) or [360family.org](http://360family.org).

# Student Worker Spotlight



## Heather and Terrell Tyson

Student Guidance Role:

*Heather:* 10th Grade Girls Lifegroup Leader

*Terrell:* 9th Grade Guys Lifegroup Leader

Years in student ministry: 5 years

Fave part of the gig: *Heather:* I love doing life with these girls.

I learn just as much from them as I hope they do from me.

*Terrell:* My favorite part is having the opportunity to have a positive influence on the lives of teenagers.

Fave pizza topping: Pepperoni. (Yes both of them)

Unique Fact: *Heather:* My quirky skill is I can tell you the make and model of any car from 100 feet away. Every time.

*Terrell:* Nothing is spicy or hot to me. Literally nothing. Bring on the ghost peppers.

One lesson about God that came from working with

students: *Heather:* I've learned that God is always consistent. Working with youth sometimes it's hard to show up to everything. Adults get tired and need rest! But, consistency gives you a better view of God.

*Terrell:* Working with students has taught me the simplicity of the gospel. Kids take truth simply a lot of the time.