

# Eagle's Landing Students



^ Our new 6th graders are ready for their new lifegroups!  
< All students gathered in the Link for Promotion Sunday!

## MAKING THE MOST OF A FRESH START



**Also Inside:**  
Student Service Opportunities  
Creating a Family Night  
New Year Updates

# Wednesday Kick Off

Family Worship Night - April 11

Dinner tickets available for \$5

Thrive Returns April 18

NEW HOURS

Wednesday Activities 6:30PM - 7:45PM

(Open Gym will be at 6:00PM)

## Sunday Lifegroups



We're glad you're here!

# Meet your new leaders!

All students moved up to the next grade on August 8.

Meet in the Link at 9:45AM before breaking into classes so you can know where to go.

# HAPPENINGS

# Dig Deeper Resources

Starting fresh can mean something different for everyone. Maybe you and your student need to work on setting goals or productivity. Maybe it's about creating a quiet time or making church a priority.

Here are a few past topics we've covered in newsletters, complete with Dig Deeper resource links.

Don't see what you need? Let us know! We would be happy to curate a list of articles, books, podcasts, and tools to meet your needs!

## PAST NEWSLETTERS

### [Social Media and Your Family](#)

[Celebrating Advent as a Family](#) (some ideas can also transfer to general family devotions and Bible study)

### [Setting Goals with Your Student](#)

[Bring Fun and Focus to Easter](#) (can also be applied to family/personal remembrance to put Jesus first in life.)

### [Navigating School Transitions](#)

### [Making the Most of Motherhood](#)

### [4 Ways to Be An Even More Awesome Dad](#)

Need links? Check your email for the digital version of this newsletter.

## Making the Most of a Fresh Start

Move aside, January, for most students and their families, there is no better opportunity to make a fresh start than the beginning of a new school year.

The changes that come with a new school year are the perfect time to review and alter certain areas in a student's life. Ask your student how they feel each of these areas is going and work together to decide how they can be improved.

**1. Priorities.** What is the most important thing to your student? How do they make their decisions?

Consider particularly where family, faith, studies, and church fall on the priority list and if the choices being made reflect that.

**2. Routines.** Now is the perfect time to make new routines and tweak old ones.

Where do quiet times, hygiene needs, sleep, relationships, and other health

and wellness needs fit in each day?

**3. Personal Impression.** Is your student presenting themselves to the world the way they would like? We may not like how other's perspectives effect us, but it can't be denied.

Ask your student how they want to be perceived, then help them consider if their attitude, speech, and appearance project that.

**4. Activities.** Does your student want or need to do the activities they do or have they simply become a habit? Review their schedule and ask if each activity is something they enjoy, something that helps them grow, or something that prepares them for the future. If not, consider removing them.

**Remember to build margin in to your student's life!** Everyone needs space to rest, explore, and take advantage of new opportunities. You also need room for life to not go exactly right. Make the moments matter.

## Family Fun Feature

Family time. It can seem like a pipe dream from a bygone era but studies continue to show that spending designated time together as a family makes an enormous difference in a child's life. Here are some ways you can be intentional about spending time with your children.

**Family Meal-** Is there one day a week you can all sit down to dinner? No? Consider a different meal. Perhaps family breakfast works better for you.

**Game/Movie Night** - Scheduling time together if you haven't done it before can feel awkward. Tying it to an activity allows everyone to be ready to engage with each other.

**Read a book** - If your family is busy, consider snagging a regular fifteen minutes in the evening and read a book together. One person reads a chapter out loud each night. You have something to talk about and it settles everyone down for the evening.

# Contact Us

Instagram: @thrive\_students

Web: eagleslanding.org/students/

(This account is private. Please message us when requesting access so that we know you are a student or parent.)

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# Upcoming Events

*Brian Houseman - Aug 22 and 25*

Learn about teens and technology from an expert!

*6th/7th Girls Breakfast - Aug 29*

Fellowship and food!

*8th-12th Girls - Lovely - Sept 12*

Details coming soon!

# Ministry Spotlight

## How can students serve the church?



We have many opportunities for students to get plugged in a serve!

- Join a lifegroup! Lifegroup serve Sundays are coming!

- Serve the City - October 2 - Serve as a family or with the youth.

- Pass it on by discipling children

\* Preschool/nursery - great place to serve as a family! Contact Lori Kurz.

\* Children - Elevate and Saturate need workers.

Contact Jennifer Hembree.

- Join a youth service team

\* Worship leaders - see Juan DeVevo or Angela Lapsley

\* Tech - see Mike Fisher

\* Communications (newsletter, website, social media) - see Kris Hunter

More details about all of these coming soon! Got another idea? Let us know!