

MARCH 2022 PARENT RESOURCES AND NEWS

Night to Shine Highlight Middle School Growth Opportunities Active Family Fun Ideas

Nednesday Thrive

Wednesday Activities 6:30PM - 7:45PM (Open Gym will be at 6:00PM)

# Night to Shine



Sunday Jipegroups

Meet in the Link at 9:30AM before breaking into classes for each grade/gender.



## ARTICLES

Is deconstruction the same thing as doubt? (Mama Bear Apologetics)

7 Ways to Deal with Doubt (The Gospel Coalition)

### PODCASTS

Questioning everything you ever believed about God - Deconstructing w/ Derek Webb (Human Hope Podcast -Carlos Whittaker)

### BOOKS

Tactics by Gregory Koukl

Sean McDowell books including:

- Apologetics for a New Generation
- Is God Just a Human Invention?
- Apologetics Study Bible for Students

The Case for Christ by Lee Strobl (author has other good books as well)

Cold Case Christianity by J. Warner Wallace

### HELPFUL **RESEARCHING SITES**

- coldcasechristianity.com ALSO HAS AN APP
- <u>christianityexplored.org</u>
- gotquestions.org
- <u>bibleproject.com blog</u>
- reasonablefaith.org Question and Answer with Dr. William Lane Craig can get very deep into Biblical scholarship and philosophy

Need links? Check your email for the digital version of this newsletter.

# **How to Encourage Doubt**

It may seem counterintuitive to see doubt as an avenue to a stronger faith, but the truth is the reason many people leave the church as adults is because they don't know how to handle the questions that arise as they make their way into adulthood.

These former children of the church aren't leaving quietly, either. They are on social media, blogs, and podcasts, using terms like deconstruction, exvangelical, progressive Christianity, and evolving faith. Some of these people are actively and vocally leaving the faith entirely, but so many more are trying to reconcile what they were taught with the life problems and decisions they are surrounded by.

God is far deeper, stronger, and complex than the typical "Sunday School" answer. When we teach our children - and ourselves - how to dia into the sometimes difficult truth, we set them up to withstand the challenges to come.

But how do you create an environment that welcomes doubt? That encourages questions? That becomes a gymnasium for strengthening faith?

#### Teach them to auestion

After a sermon, devotion, small aroup lesson, encourage students to think through what they heard or learned and see what doesn't sound right to them.

#### Don't be afraid to not know

Often we shut down our children's questions because we don't want to admit that we don't know the answers. Saying "I don't know" allows them to trust the answers you

do have and allows you to research and learn together.

#### Separate faith and politics

Sometimes people have different ideas of how best to apply a Biblical principal to public policy. It is one thing to encourage your teen to vote their beliefs and another to tie that to a candidate or party. Focus on strengthening the Biblical understandings and personal practice instead.

#### Allow disagreement

If Biblical scholars don't always agree on how to interpret the Bible, we should accept, or even expect, disagreement within our homes. Use these to create discussions, not battles. In the end, teaching them to make up their own minds with Biblical basis will make them stronger adults.

#### Practice Biblical decision making

When it comes to parenting, more is caught than taught. If you are turning to the Bible to make decisions about your life, if you are basing your personal growth on Christcentered principals, your children will learn to do so as well.

#### Remember you are still growing

None of us are perfect this side of Heaven. Let your children see that becoming an adult does not mean having all the answers. We all still have thinas to learn and improve upon.

Creating an environment that encourages doubt can be uncomfortable and difficult, but doing it now is better than leaving them to find their own way after they've left your influence.

If your family did a lot of sitting around this winter, you may want to look for some fun ways to get everybody moving again. Consider these:

- Family tournament - corn hole, four square, basketball, etc. Just don't pick a video game!

- Plan for a 5K. Choose one far enough out that everyone can be ready and sign up!

- Choose a yard project - maintenance can be boring, but a new project can be exciting! Start a garden, plant a flower bed, or build a deck!



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(Upcoming Events

Mar 2 - BroSis launch for middle schoolers

Mar 13 - Time Change!

Mar 18-20 - DNow

Mar 19 - Serve the City

Mar 27 - Refugee Experience

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# Calling all middle schoolers!



# DNow is back! March 18-20 <u>Sign up today!</u>