

Dig Deeper: Social Media and Your Family Youth Worker Spotlight: Meet Anslee and Aaron Ross THOSE

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Wednesday Nights

How and where do people encounter Christ? Each Wednesday we are taking a look at a time in the Bible when someone's life intersected with Jesus.

What does it tell us about Jesus? about ourselves? about our relationship with Him?

Can't come in person? Watch it online at https://eagleslanding.org/thrivelive/

Need a personal daily devotion?

If you or your student need a guide for your daily personal devotion, consider the youversion app. It includes reading plans and devotion guides. Find it in your app store.

Sunday Dipegroups

The phasing in of Sunday morning lifegroups is going great!

Each Sunday your student will dig deeper into an aspect of the previous week's sermon, discussing life application and personal understanding.

All youth meet in the chapel at 9:45AM before dividing into classes based on grade and gender.

Looking for an adult lifegroup?

Eagles Landing has several adult lifegroups available. To learn more and find one that fits your needs, visit https://eagleslanding.org.



EMAIL

Want a weekly email that discusses current trends and their potential influence on your child? Try the Culture Translator https://axis.org/ct/

VIDEO (YOUTUBE)

<u>Jon Acuff - How Old Should a Kid Be</u> <u>Before They Get A Smartphone?</u>

Ravi Zacharias - Social Media

ARTICLES

<u>Kapersky - How to protect your</u> <u>child from the top 7 dangers they</u> <u>face online</u>

<u>Urban Faith - 10 Commandments</u> of Social Media for Christians

PODCAST

<u>Courageous Parenting S1 Ep20 -</u> <u>How to raise kids in a Social Media</u> <u>world (with show notes)</u>

TECHNOLOGY

Ready to give your child a phone but not ready to enter the world of apps and social media?

Consider a Gabb phone.

gabbwireless.com/

There are many apps to help control and monitor technology. Some are paid, but others, like the built in parental controls or Google's Family Link are free.

Need links? Check your email for the digital version of this newsletter.

Social Media and Your Family

Chances are social media is part of you and your student's world. Even if you don't use it yourself, the trends and ideas work their way into the discussions and atmosphere surrounding your child.

So how can we manage it? How can we limit the impact influencers and algorithms have on us and our children?

First realize we need to model healthy behavior when it comes to social media.

Then get involved in your child's media consumption. Here are a few ways you can monitor and guide them in its usage.

Set Limits

Use parental controls to restrict the amount of time and when an app can be used.

Disconnect

Create "screen-free" days for your family. Set a daily time in which phones should be plugged in and keep them out of the bedrooms.

Know Their Feeds

Check your child's accounts and know what they are seeing and posting, who they are following, and the messages they are sending and receiving.

Social Media can be scary but we can help our students learn to use it wisely.



Missing fall events and family gathering? Try these ideas:

- A family scavenger hunt for fave candies and trinkets
- Make a gratefulness banner out of all that extra toilet paper.
- Movie and game night (eat all that extra canc'!)
- Camp out in the backyard
- Piñata bashing

Contact Us

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Upcoming Events

Wednesday 6:30 - 8:15

Student Gathering in Chapel

Children and adult options are also available!

Sundays 9:30 - 10:45

Lifegroups - meet in chapel

Children and adult options are also available!

Lifegroup gatherings
Contact your student's teacher

Student Worker Spotlight



Anslee and Aaron Ross

Student Guidance Role:

Anslee: 6th Grade Girls Lifegroup Leader Aaron: 6th Grade Guys, Camp Medic

Years in student ministry: Anslee: 6 Aaron: 3

<u>Fave part of the gig</u>: <u>Anslee</u>: Hearing students' perspectives on the things we learn about. I am reminded constantly that I have just as must to learn as I have to teach.

Aaron: Learning from the students. Also they're pretty entertaining to be around.

<u>Fave pizza topping</u>: *Anslee:* Cheese only, please.

Aaron: Pineapple (Yup, I'm that guy.)

<u>Unique Fact</u>: Anslee: I was homeschooled 1st-12th but ended up becoming a public school teacher.

Aaron: I became a certified firefighter before I graduated high school.

One lesson about God that came from working with students: Anslee: God can reach anyone, even those we see as unreachable. God can use students in powerful ways, especially among their peers.

Aaron: God reveals His word when you are ready for it.